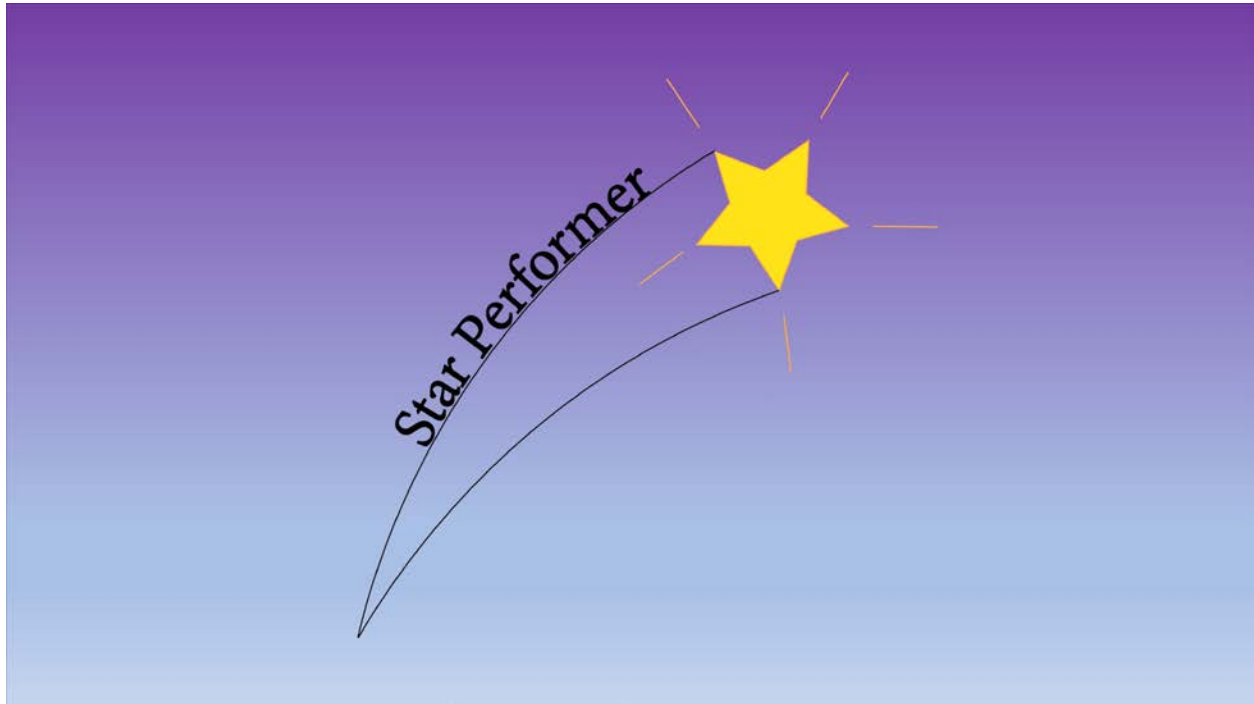


# Star Performer - Transformation



*Star Performer - Transformation*

## Table Topics

5 September 2018 UTC 1600 **Star Performer** Meeting 10

Steve J Davis

Timing: 1 to 2 minutes.

Green: 60 seconds. Must meet 60 seconds to qualify.

Yellow: 90 seconds

Red: 2 minutes. Disqualified 30 seconds and over.

Here are some Table Topic questions. Please describe your experiences. Thanks! **Choose 1 to 26.**

### 1. Transformation.

Describe a defining moment when you experienced transformation in your life.

### 2. Moment of Time.

Describe the moment when time slowed down or stopped for you. Did you feel transformed? What happened? The event? Series of events? Did Time speed up, slow down, stop?

### 3. What is transformation to you?

What has transformed you? What does it mean to you? What about others? Will it last?

#### 4. Enlightenment.

Do you think that transformation is the same as enlightenment, or different? Describe your experiences.

#### 5. Transformation Goals.

List them, and exactly how you will accomplish them. Be specific, with a project timeline. What will be the end result?

#### 6. Is there room for everyone to be transformed?

If the answer is yes, how can that happen? What will it mean to everyone? If the answer is no, what happens to people who are not transformed? To the few or one who is On Top of the World?

#### 7. What is your advice for someone who says they want to be transformed?

Your personal and/or professional example? Tell a story or two to illustrate your points. Your conclusion?

#### 8. What is your advice for someone who says they do not want to be transformed?

Your personal and/or professional example? Tell a story or two to illustrate your points. Your conclusion?

#### 9. Public Speaking – Transformation.

Give an example of your experience. How did you get there? What happened as a result? To others, to you? Your conclusion? If you have not been there yet, what do you think it will be like? How will you get there?

#### 10. Theatre - Transformation.

Give an example of your experience. How did you get there? What happened as a result? To others, to you? Your conclusion? If you have not been there yet, what do you think it will be like? How will you get there?

#### 11. Music - Transformation.

Give an example of your experience. How did you get there? What happened as a result? To others, to you? Your conclusion? If you have not been there yet, what do you think it will be like? How will you get there?

#### 12. Dance - Transformation.

Give an example of your experience. How did you get there? What happened as a result? To others, to you? Your conclusion? If you have not been there yet, what do you think it will be like? How will you get there?

#### 13. Sports - Transformation.

Give an example of your experience. How did you get there? What happened as a result? To others, to you? Your conclusion? If you have not been there yet, what do you think it will be like? How will you get there?

#### 14. Martial Arts - Transformation.

Give an example of your experience. How did you get there? What happened as a result? To others, to you? Your conclusion? If you have not been there yet, what do you think it will be like? How will you get there?

#### 15. Yoga - Transformation.

Give an example of your experience. How did you get there? What happened as a result? To others, to you? Your conclusion? If you have not been there yet, what do you think it will be like? How will you get there?

#### 16. Education, Teaching and Learning - Transformation.

Give an example of your experience. How did you get there? What happened as a result? To others, to you? Your conclusion? If you have not been there yet, what do you think it will be like? How will you get there?

#### 17. On Camera - Transformation.

Give an example of your experience. How did you get there? What happened as a result? To others, to you? Your conclusion? If you have not been there yet, what do you think it will be like? How will you get there?

#### 18. Stagecraft - Transformation.

Give an example of your experience. How did you get there? What happened as a result? To others, to you? Your conclusion? If you have not been there yet, what do you think it will be like? How will you get there?

#### 19. Speech craft - Transformation.

Give an example of your experience. How did you get there? What happened as a result? To others, to you? Your conclusion? If you have not been there yet, what do you think it will be like? How will you get there?

#### 20. Visual Arts – Transformation.

Give an example of your experience. How did you get there? What happened as a result? To others, to you? Your conclusion? If you have not been there yet, what do you think it will be like? How will you get there?

#### 21. Healing Arts – Transformation.

Give an example of your experience. How did you get there? What happened as a result? To others, to you? Your conclusion? If you have not been there yet, what do you think it will be like? How will you get there?

#### 22. Performing Arts – Transformation.

Give an example of your experience. How did you get there? What happened as a result? To others, to you? Your conclusion? If you have not been there yet, what do you think it will be like? How will you get there?

### 23. Culinary Arts – Transformation.

Give an example of your experience. How did you get there? What happened as a result? To others, to you? Your conclusion? If you have not been there yet, what do you think it will be like? How will you get there?

### 24. Literary Arts – Transformation.

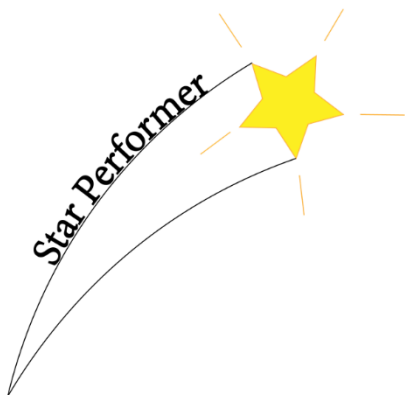
Give an example of your experience. How did you get there? What happened as a result? To others, to you? Your conclusion? If you have not been there yet, what do you think it will be like? How will you get there?

### 25. Leadership, Community, Family, and Politics – Transformation.

Give an example of your experience. How did you get there? What happened as a result? To others, to you? Your conclusion? If you have not been there yet, what do you think it will be like? How will you get there?

### 26. Spirituality and Religion – Transformation.

Give an example of your experience. How did you get there? What happened as a result? To others, to you? Your conclusion? If you have not been there yet, what do you think it will be like? How will you get there?



## Star Performer

[Please join us at our next meeting! RSVP](#)

## World Online Schedule

1st and 3rd Wednesday 1600 UTC

2nd and 4th Thursday 0400 UTC

- **Please log in 15 to 30 minutes early to test your microphone, headphones and/or speakers, to be comfortable with the Zoom platform.**

- **We start promptly on time. Late arrivals will not be admitted.**
- **No recording devices allowed.**

Join URL: <https://zoom.us/j/353762117>

[Table Topics](#)

[Star Performer #7011518](#)

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Let me know if you have any questions or need assistance.

Best regards!

Steve J Davis

Founder and President, Treasurer

**Next Meeting 23 August 2018 UTC 0400**

Please check your meeting time here:

<https://tinyurl.com/StarPerformer-9-YourTimeZone>

Steve J Davis

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Steve J Davis

Founder and Authorized Agent

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[Ten Tips for Terrific Table Topics - Toastmasters International Magazine](#)

[How to Run Table Topics](#)